



# Hannah Center

CLIENT NEWSLETTER  
JAN/FEB 2019



**The Hannah Center will  
be closed Monday,  
January 21  
for MLK Day!**

## Hannah Center Classes

### ➤ “Baby Basics” Parenting Classes

- Meets Mondays 3pm-4pm
- Appropriate for expectant parents and parents of children up to age 1

### ➤ “Growing Together”

- Meets Wednesdays 3pm-4pm
- Appropriate for expectant parents and parents of children up to school age.
- In January, we will discuss parenting issues such as effective discipline, self-care, and age-appropriate behavior.
- In February we will begin our new curriculum, Active Parenting:

#### **\*Active Parenting\***

**(beginning Wednesdays in February):**

**In the Active Parenting program, you'll learn the best ways to nurture your child from birth to pre-K with a “just right” combination of freedom and non-violent discipline. Give your kids a strong start. Attending this class is the first step!**

## Baby Basics Mondays 3pm

- Jan 7 Baby Basics
- Jan 14 Safe Sleep\*
- Jan 21 CLOSED- MLK Day
- Jan 28 Breastfeeding 101
- Feb 4 Baby Safety
- Feb 11 Common Illnesses  
and Injuries in Babies
- Feb 18 Safe Sleep\*
- Feb 25 Baby Development

## “Growing Together” Wednesdays 3pm

### January- Parenting Group

- Jan 9, 16, 23, 30

### February- Active Parenting

- Feb 6, 13, 20, 27

# Material Support Updates



- ✓ We are currently only accepting winter clothing for Baby Bucks. We are most in need of winter newborn clothing and size 2T and 3T clothing.
- ✓ Please remember to limit your shopping time to 30 minutes, so that we can serve all of our clients.
- ✓ If you or your children are sick, please stay home and get well, and avoid getting other children, clients, and staff sick. Thank you!



## Childbirth Classes

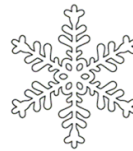
4 Weeks Class/ Tuesdays 4-6pm

- Tuesdays in January (Jan 8, 15, 22, 29)
- Next series begins in February for clients with due dates March-May 2019
  - Dates: Feb 12, 19, 26)
- Cost: Free
- Location: Hannah Center Library
- Childcare offered in Children's Place

Please register with Kristi at the Hannah Center, by phone, 812-334-0104, or Email: [kristi@hannahcenter.org](mailto:kristi@hannahcenter.org)



- Registration is required for this class. ([info@hannahcenter.org](mailto:info@hannahcenter.org) (812) 334-0104)
- Offered on the 3<sup>rd</sup> Monday of each month, or by appointment. (Note : In January it is the 2<sup>nd</sup> Monday of the month, due to MLK Day on the 21<sup>st</sup>)
- Brand new Pack n' Plays and Safe Sleep Kits are available for parents of children up to one year old who are in need of a safe place to sleep.



## Winter Weather Closings!

- If MCCSC is closed due to bad weather, Hannah Center will be CLOSED.
- If MCCSC is on a delay, we will be closed in the morning and will open up in the afternoon at 1pm.

If you are in doubt, visit our Facebook page!

## Hannah Center Info and Hours

### Material Support:

Mon 10:00-11:30 am, 1:00-4:00 pm

Tues 1:00-6:00 pm

Wed 10:00-11:30 am, 1:00-4:00pm

### Pregnancy Testing and Counseling:

Mon 9:00-11:30 am, 1:00-4:00pm

Tues 9:00-11:30 am, 1:00-6:00pm

Wed 9:00-11:30, 1:00-4:00

Thurs 9:00- 11:30am

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