

# FEBRUARY & MARCH NEWSLETTER



## *Classes for February and March*

### **NEW BEGINNINGS**

**Mondays 1-2pm**

1st Monday of the month:

**Baby Basics**

3rd Monday of the month:

**Safe Sleep**

2nd & 4th Monday of the month: **Mom's Group**

### **CHILDBIRTH CLASS**

**Tuesdays 4-5:30pm**

Next series begins March 3rd.

Join us to meet our doula,  
Shelonda Bledsoe.

This series is for those with  
April and May due dates.  
Registration required.

### **PARENTING GROUP**

**Wednesdays 1-2pm**

Our Active Parenting  
Program begins again in  
March. No registration  
required, and childcare is  
provided.

## **CLASS DATES**

### **FEBRUARY**

Baby Basics: February 3rd

New Mom's Group: February 10th & 24th

Safe Sleep: February 17th

Parenting Group: February 5th, 12th, 19th & 26th

### **MARCH**

Baby Basics: March 2nd

New Mom's Group: March 9th and 23rd

Safe Sleep: March 30th

Childbirth Class: March 3rd, 9th, 23rd, and 30th

Parenting Group: March 4th, 11th, and 25th

**We are CLOSED the week of March 17th-21st for Spring Break**

## CLOSED MARCH 17TH-21ST

We will be closed the week of March 17th-21st for Spring Break. We will reopen on the 24th as usual!

## NEW HOURS BEGINNING IN MARCH

On March 2nd we will be starting our new extended Material Support hours! We will start opening from 10am-11:30am on Tuesdays and Thursdays. We are hoping these extended hours will give everyone more opportunities to get the items they need! Please note: these hours will not be in effect until March 2nd, so please continue referring to the hours listed on the right until then.

## ASK A NURSE

**February 10th - 1pm-2pm - Hannah Center**

Ask any questions you have about baby care and taking care of yourself, after births. Led by Savannah Curry, R.N. Open to all moms of little ones ages newborn to one year. No registration required, and it's completely free. Childcare is available, if desired.

## KEEP THEM SAFE

It's never safe to leave a child alone in the car. While visiting the Hannah Center, please bring your children in with you, or make sure they are with a responsible adult.

## EXTRA INFO

### WonderLab

Now offers a free membership for first-time parents and their child through the age of 18 months.

Apply at: [wonderlab.org/first-time-parent-membership](http://wonderlab.org/first-time-parent-membership)

### Vitamin Club at Williams Bros. Pharmacy

Every child ages 2-12 can receive a free 30 ct. bottle of children's multivitamins each month.

Sign up at Williams Brothers Pharmacy:

574 S. Landmark Avenue - 812-335-0000.

### Material Support Hours

Monday: 10am–11:30am,  
1pm–4pm

Tuesday: 1pm–6pm

Wednesday: 10am–11:30am,  
1pm–4pm

Thursday: Closed

Friday: Closed

### Pregnancy Testing, Intakes, and Donation Drop-Off Hours

Monday: 9-11:30 am, 1-4pm

Tuesday: 9-11:30 am, 1-6pm

Wednesday: 9-11:30, 1-4pm

Thursday: 9- 11:30am

Friday: Closed

### Dates We're Closed

Spring Break:

March 17th-21st



Meet Shelonda at our childbirth classes

Tuesdays 4:00pm-5:30pm at

The Hannah House!

This series is for those with  
April and May due dates.

Please register by contacting

Kristi at 812-334-0104

or [kristi@hannahcenter.org](mailto:kristi@hannahcenter.org)