

SUMMER 2021 NEWSLETTER

UPCOMING DATES WE ARE CLOSED

- **Memorial Day**
Monday, May 31st
- **Observance of Independence Day**
Monday, July 5th

MATERIAL SUPPORT REMINDERS/UPDATES

- Clothing is distributed on the 1st and 3rd weeks of each month (note: 1st FULL week).
- When requesting items via messenger, please include: time range available, items being requested, phone number, and age/sex of child.
- We are creating a new form to make online ordering easier. More details coming.
- We ask that you have your requests in one business day in advance. If you do have to make a last minute addition or change, please do so by phone rather than email or messenger if possible.



OUR SERVICES

Hello, everyone! We hope you are staying healthy this season. We wanted to compile a list of the services we are currently providing, and how to get involved in each one.

Pregnancy Testing: To schedule a free, confidential pregnancy test, please call 812-334-0104, or email kristi@hannahcenter.org. We are doing temperature checks and symptom checks to help protect both clients and staff. Please note that masks are required.

Material Support: We provide Material Support on Mondays 1-4 and Tuesdays 10-6 through scheduled porch pick-ups at the Center. To schedule, you can call 812-334-0104 or message us on Facebook (The Hannah Center). New clients will have a brief phone intake.

Doula Services: Shelonda Bledsoe and Kristi Pietz, our staff doulas, provide non-judgemental support during pregnancy, birth, postpartum, and the newborn stage. If you are pregnant and interested in Doula services or would like to learn more please contact Shelonda or Kristi at 812-334-0104 or email shelonda@hannahcenter.org or kristi@hannahcenter.org.

Classes: If you are interested in Safe Sleep, Parenting, or Childbirth Classes please call 812-334-0104, or email kristi@hannahcenter.org. We are doing small group classes both one-on-one classes at the Center, and over the phone.

Case Management: We are still providing Case Management services, please call 812-334-0104, or email shelonda@hannahcenter.org for more information.

SAFETY TIPS

Safe Swaddling: Swaddling should stop once a baby can rollover. This can happen as early as 2 months.

Car Seats: Make sure your child's chest clip is buckled at armpit level. Using a rear-facing car seat until 2 years old, or they reach the height and weight requirements is safest for your little one. Keep harness straps snug and flat, and at or below shoulder height! Car seats older than 6 years are not safe to use, as the foam breaks down over time. If you have questions about your car seat, please call Jennifer at 812-333-2304 (and select "speak to a nurse") for car seat assistance.

Sleeping: Blankets, quilts, pillows, and other loose bedding may contribute to Sudden Infant Death Syndrome (SIDS) and should be kept out of an infant's sleeping environment. Sleep clothing like one-piece sleepers is preferred.

COMMUNITY RESOURCES

Affordable Housing - Availability

Affordable Housing is now available at Reverend E. D. Butler and Walnut Woods. Apply at bhaindiana.net/application-portal/

Monroe County Area Mutual Aid

Facebook Group providing mutual aid to members of Monroe and surrounding counties for free.

Monroe County Public Library

Reopened for technology use, holds pickups, and browsing. Visit mcpl.info/restart for details!

Milk Matters: A drop-in gathering for parents & babies

Milk Matters is a free infant feeding Facebook support group where you can get information about and help with infant feeding and pumping.

Vitamin Club at Williams Bros. Pharmacy

Every child ages 2-12 can receive a free 30 ct. bottle of children's multivitamins each month.

Sign up at Williams Brothers Pharmacy:
574 S. Landmark Avenue - 812-335-0000.

OUR HOURS

Material Support Pick-up Hours

Monday: 1:00pm-4:00pm

Tuesday: 10:00am-6:00pm

By Appointment Only

Pregnancy Testing and Intakes

By Appointment Only

808 N. College Ave.

812-334-0104


info@hannahcenter.org


hannahcenter.org



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